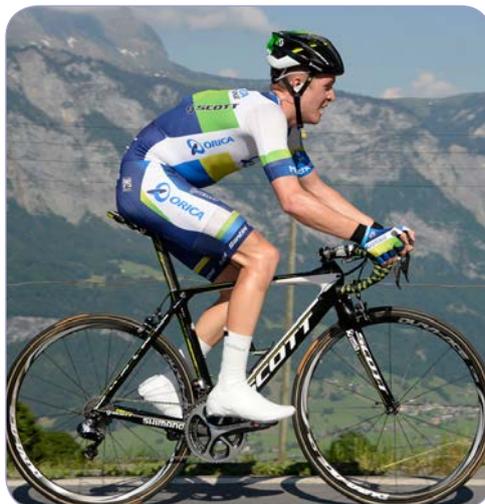


2014 Tour de France with Cameron Meyer



Without a doubt, the most important bike race in the world. And what a way to experience it! Cameron Meyer, arguably Australia's most likely rider to win this great race in the future will be with us to give us his insights and riding tips. We'll start this great adventure in the charming town of Girona then move onto the Pyrenees and watch 3 stages live on such major climbs as the Tourmalet, Hautacam, Col de Peyresourde! Book now and don't miss out on a unique opportunity to rub shoulders with a true champion.



CAMERON'S SUPPORTERS CLUB

This tour is only available to Members of the Cameron Meyer Supporters Club and is just one of many benefits you will receive. There are 3 levels of membership available.

Please contact Wayne Evans on Email: wayne@lionsportsmanagement.com or Phone: 0411 860 107, to find out which level will suit you best.

ITINERARY

Day 1 – Girona warm up ride 16 July

Main Route: 40km

Total Ascent: 600m

Short ride to get over the jet lag and test the bikes. A little elevation gain on this warm up loop. We'll then take a stroll in Girona, an historically significant and monumental city, with a well preserved centre. The cathedral, the old fortifications and the Jewish heritage are the main sights of the city.

Day 2 – Girona loop (to Peratallada) 17 July

Main Route: 106km

Total Ascent: 1200m

Today's loop is rolling and flat and will take us to the Costa Brava. The climate, scenery, the charming villages like Peratallada and Begur render this stretch of the Mediterranean Coast very attractive. Here Greeks settled a colony in Empuries twenty-six centuries ago.

Day 3 – Girona to Ripoll 18 July

Main Route: 85km

Total Ascent: 1700m

Today we tackle the first climbs. The first part of the ride consists of some ups and downs and we'll cross the lush volcanic natural park of 'La Garrotxa', with more than fifty dormant craters. We'll take a mandatory stop in Olot, the main village in the area. We then ride towards Ripoll, with a major long climb, but one that's not too difficult. Ripoll is at the feet of the Pyrenees, established in the Middle Ages around a Benedictine monastery.

Day 4 – Ripoll to Andorra 19 July

Main Route: 95km

Total Ascent: 1400m

The Principality of Andorra is a microstate landlocked between France and Spain. It is visited by many skiers throughout the winter months and is also a major attraction due to its many duty-free shops.

Day 5 – Andorra loop 20 July

Main Route: 70km

Total Ascent: 1700m

After a warm we'll be ready climb the Coll de la Gallina, a challenging climb with 15-18% short stretches introduced recently in the Vuelta. Cameron should be able to give us some tips on how to tackle such short steep climbs.

Day 6 – Andorra to Vielha 21 July

Main Route: 125km

Total Ascent: 2500m

This is a long ride close to the French boarder and through the heart of the Catalan Pyrenees. This area is where many outdoor/extreme activities are organized. The area of Vielha has always been geographically isolated from the rest of the country, and has managed to still preserve perfectly its traditions and its own language the 'Aranes'. Two main long climbs (Coll de Canto' and Puerto de la Bonaigua) and respective downhill runs will be the feature of the ride.

Day 7 – Vielha loop to TDF stage 22 July

Main Route: 92km

Total Ascent: 900m

Today we'll watch the TDF stage, the 1st one in the Pyrenees. Although we are in the middle of the mountains the ride is easy, but you can always make it more challenging if you want by adding extra km's on the Port de Bales, same as the route the PRO's will do before the finish line in Bagneres de Luchon.

Day 8 – Vielha loop to TDF stage 23 July

Main Route: 90km

Total Ascent: 1700m

Another great day watching a TDF stage. Today's route takes us to the Col de Peyerourde, one of the mythical climbs of this great race. On the way back we can stop in Bagneres de Luchon, a very important thermal town well know and well used by French and Europeans alike.

Day 9 – Vielha to Bagneres de Luchon & TDF stage 24 July

Main Route: 115km

Total Ascent: 3100m

This is the last stage in the mountains for the pros and likely to be the last chance for who is currently lying second or third in the classification to still have a tilt at the yellow jersey. Great chance here with the climbs on the Col du Tourmalet and the Hautacam. For us it will be an epic ride with three legendary climbs as we tackle the Peyerourde, Aspin and Tourmalet. Allez!

Day 10 – Au revoir! 25 July

Recommended Arrival/Departure

Airport: Barcelona (Spain)

(Airport transfer not included)

CONDITIONS:

Cameron Meyer will endeavour to make himself available for this tour. His availability ultimately depends on the team's requirements. At the time of printing this brochure, Cameron will not be required to race the Tour. Cameron is looking to take participants of this tour on a ride through his home region near Andorra, have one dinner with the tour guests and be there for one of the TdF stages. Subject to change without notice.

What's Included:

- ★ All hotel accommodation in minimum 3 star, usually 4 star hotels (twin share)
- ★ Breakfasts
- ★ Dinners (except 1)
- ★ 2 Guides on tour (one fully qualified mechanic)
- ★ Van support throughout tour
- ★ All in-tour transfers
- ★ Snacks and food supplements including electrolytes during tour
- ★ Activities which depend on the region we are visiting. Examples include wine/cheese/olive oil tastings, boat trips



- ★ Garmin 800 loan unit with maps for duration of tour
- ★ 1 PuntoTours cycling kit (cycling jersey, knicks and socks) per guest
- ★ 1 day pack per guest
- ★ Complimentary food supplements including gels and energy bars
- ★ Detailed printed Tour information booklet.

Tour Costs

Prices start from: €3,750. Membership category will determine your final price. Please call Wayne Evans for details.

- Level: Intermediate-Advanced
- Terrain: Mountainous
- Daily Distance: Approx 70-115km; 45-70mi
- Daily Ascent: 1500-2500m; 4900-8200ft
- Total Distance: Approx 700km; 435mi
- Total Ascent: Approx 14500m; 47500ft
- Dates 16 July to 25 July (10 days/9 nights)

PUNTOTOURS

If you have any queries regarding this tour or how to get there, please contact Vince by Email: vince@punto.com or Phone: 0418 163 544.

PUNTOTOURS are the official tour operator for the Cameron Meyer Supporters Club.